

A Writing Oasis

26th – 28th February 2010

Victoria Field and Penelope Shuttle

This course is designed for writers in need of refreshment and for people who may have a professional interest in the therapeutic and transformative benefits of creative writing. Participants will draw on their own wells of experience to create new work – whether poetry, fiction or memoir – and explore techniques for developing these drafts into more sustained pieces. The emphasis will be on process and experiment in a non-judgemental atmosphere.



PENELOPE SHUTTLE is a tutor for The Poetry School, The Arvon Foundation, Second Light Network, and Lapidus, and she runs residential courses in Spain, Normandie and South of France. With her late husband Peter Redgrove, she co-authored *The Wise Wound*, first published in 1978. This groundbreaking study of the menstrual cycle has been continuously in print ever since. It has its roots in Jungian theory and practice, and in the liberating insights of poetry and storytelling. Penelope Shuttle's eighth collection of poetry, *Redgrove's Wife*, was published in 2006 and shortlisted for The Forward Prize, and for the T S Eliot Award.



VICTORIA FIELD works as writer and a poetry therapist in a variety of health, education and community settings. She is a former Director of Survivors Poetry and had two periods chairing Lapidus, the UK's organisation for reading and writing for health and well-being. She has co-edited two books on therapeutic writing *Writing Works* and *Prompted to Write* and published two collections of poetry: the second *Many Waters* was based on a residency at Truro Cathedral. She is an Associate Artist of Hall for Cornwall who have produced two of her plays.

Fee: £245 (Single) • £215 (Shared)

Bursary available for a Welsh speaker who lives and work in Gwynedd.

For anyone using literature therapeutically or working towards accreditation, certificates of attendance for CPD purposes can be provided.

For further details, booking form and bursary application form: www.tynewydd.org

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